



ASHTANGAM AYURVEDA CHIKITSALAYAM AND VIDHYAPEEDHAM
VAVANOR, KOOTTANAD, PALAKKAD 679533
Time Table For 2021 Batch

DAY	8 - 9	9 - 10		10.15 - 1		2 - 3	3 - 4
MONDAY	Panchakarma (LH) Dr.Sreeparvathy (Asso. Prof)	Kayachikitsa (LH) Dr. Anusree (Asso. Prof)	B	Practicals NLHP (all 6 Depts Each)	L	Shalya Tantra (LH) Dr. Jyotsna Govindan (Asso. Prof)	Shalakyta Tantra (NLT) Dr. Aswin T Das (Asso. Prof)
TUESDAY	Prasuti Tantra (LH) Faculty rotation	Samhita Adhyayan (LH) Dr. Kesavan V G (Asst. Prof)	R	Practicals (all 6 Depts Each)	U	Kayachikitsa (LH) Dr. Manoj Kumar (Prof. & HOD)	Panchakarma (NLT) Dr.Sreeparvathy (Asso.Prof)
WEDNESDAY	Shalakyta Tantra (LH) Faculty rotation	Prasuti Tantra (LH) Dr. Udayakala (Asso. Prof)	E	Practicals (all 6 Depts Each)	N	Shalya tantra (NLT) Dr. Purushothaman Prof. & HOD)	Kayachikitsa (NLT) Dr. Anusree (Asso. Prof)
THURSDAY	Shalya Tantra (LH) Faculty rotation	KaumaraBhritya Dr. Greeshma Purushothaman (Asso. Prof)	A	Practicals (all 6 Depts Each)	C	Samhita Adhyayan (NLT) Dr. Rajkumar (Asso. Prof)	Prasuti Tantra (NLT) Dr. Mini E. K (Asst. Prof)
FRIDAY	Kayachikitsa (LH) Faculty rotation	Shalakyam (LH) Dr.Sabarinath (Asso. Prof)	K	Practicals (all 6 Depts Each)	H	Panchakarma (LH) Dr. Ramya. A (Prof. & HOD)	KaumaraBhritya (NLT) Dr. Suja. K
SATURDAY	KaumaraBhritya (LH) Faculty rotation	Samhita Adhyayan Dr. Sreepriya M (Prof. & HOD)		Practicals (all 6 Depts Each)		RM/EM(NLHT) Dr. Dhanya (Prof. & HOD)	Prasuti Tantra (LH) Dr.Udayakala (Asso. Prof)



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ASHTAMGAM AYURVEDA CHIKITSALAYAM AND VIDHYAPEEDHAM
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Time Table 2022 Batch

D A Y	8 - 9	9 -10		10.15 -1		2 - 3	3 - 4
M O N D A Y	Shalya tantra (NLT) Dr.Jyotsna Govindan (Assoc. Prof)	Shalya Tantra (LH) Dr. Bijuna. P (Assist. Prof)	B	NLHP Shalya Tantra/ Kayachikitsa/ Panchakarma	L	Kayachikitsa (LH) Dr. Stebin Anto (Assist. Prof)	Kayachikitsa (LH) Dr. Manoj Kumar(Prof. & HOD)
T U E S D A Y	Kaumara Bhritya (NLT) Faculty rotation	Kaumara Bhritya (LH) Dr. Suja K (Assist. Prof)	R	NLHP Shalya Tantra/ Kayachikitsa/ Panchakarma	U	Prasooti Tantra (LH) Dr. Safeera K (Assist. Prof)	Kayachikitsa (LH) Dr.Anusree S B (Assoc. Prof)
W E D N E S D A Y	Panchakarma (NLT) Dr. Ramya A (Prof. & HOD)	Shalya Tantra (LH) Dr. Purushothaman (Prof. & HOD)	E	NLHP Prasuti Tantra/ KaumaraBhritya Shalakyta Tantra	N	Samhita Adhyayan (LH) Dr. Sreepriya M (Prof. & HOD)	SamhitaAdhyayan (LH) Dr. Rajkumar G (Asso. Prof)
T H U R S D A Y	Shalakyta Tantra (NLT) Dr. Shilpa S (Asst. Prof)	Shalakyta Tantra (LH) Dr. Sabarinath (Asst. Prof)	A	NLHP KaumaraBhritya Prasuti Tantra/ Shalakyta Tantra	C	Panchakarma (LH) Dr. Sreeparvathy (Asso.Prof)	Panchakarma (LH) Dr. Ramya A (Prof. & HOD)
F R I D A Y	Prasuti Tantra (NLT) Dr. Udayakala P (Asso. Prof & HOD)	Prasuti Tantra (LH) Dr. Mini E K (Asst. Prof)	K	NLHP Shalya Tantra Kayachikitsa Panchakarma	H	Kaumara Bhritya (LH) Dr. Greeshma (Asso.Prof & HOD)	Kayachikitsa (LH) Dr.Anusree S B (Assoc. Prof)
S A T U R D A Y	Kayachikitsa (NLT) Dr. Stebin Anto (Asst. Prof)	Shalakyta Tantra (LH) Dr.Aswin T Das (Asso. Prof & HOD)		NLHP KaumaraBhritya Prasuti Tantra Shalakyta Tantra		SamhitaAdhyayan (NLT) Dr. Kesavan V G (Asst. Prof)	Panchakarma (LH) Dr. Nimisha Lathiff (Asst. Prof)




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Time Table 2023 Batch

D A Y	8-9	9-10		10-15	11-12	12-1		2-3	3-4
M O N D A Y	DRAVYAM (NL-T) Dr. Vipin Sukumaran (Asso. Prof. & HOD) / Dr.Divya PS (Assoc. Prof.)	ROGA NIDANAM (NL) Dr.Rahul R Nair (Prof. & HOD)	B	SAMHITA (LT) Dr.Sreepriya (Prof. & HOD)	RSBK (LT) Dr.Sreelakshmi (Assoc. Prof.)	RSBK (LT) Dr.Sreejith (Prof. & HOD)	L	SWASTHAM (LT) Dr.Swathy (Asst. Prof.)	DRAVYAM (NLT) Dr. Vipin Sukumaran (Asso. Prof. & HOD)
T U E S D A Y	RSBK (NLT) Dr.Sreelaksh mi (Assoc. Prof.)	ROGA NIDANAM (LT) Dr.Vandana (Assoc. Prof.)	R	RSBK (NLT) Dr.Sreejith (Prof. & HOD)	RSBK (NLT) Dr.Sreelakshmi (Asso. Prof.)	SAMHITA (LT) Dr.Rajkumar (Asso. Prof.)	U	DRAVYAM (LT) Dr.Divya (Asso. Prof.)	AGADAM (NL) Dr.Anila (Asso. Prof.)
W E D N E S D A Y	SWASTHAM (LT) Dr.Dhanya (Prof. & HOD)/ Dr.Swathy V (Asst. Prof.)	RSBK (NLT) Dr.Sreejith (Prof. & HOD)	E	PRACTICALS- DRAVYAM /ROGA NIDANAM / RASASHASTRA & BHAISHAJYA KALPANA (NL- PRACTICALS) Dr.Divya PS /Dr.Rahul R Nair/Dr.Sreelakshmi (Assoc. Prof./ Prof.& HOD / Assoc. Prof.)			N	ROGA NIDANAM (NLT) Dr.Rahul R Nair/ Dr.Vandana (Prof.& HOD /Assoc. Prof.)	ROGA NIDANAM (NLT) Dr.Rahul R Nair/ Dr.Vandana (Prof.& HOD /Assoc. Prof.)
T H U R S D A Y	ROGA NIDANAM (LT) Dr.Rahul R Nair /Dr.Vandana (Prof.& HOD /Assoc. Prof.)	DRAVYAM (LT) Dr. Vipin Sukumaran (Asso. Prof. & HOD)	A	PRACTICALS- DRAVYAM /ROGA NIDANAM / RASASHASTRA & BHAISHAJYA KALPANA (NL- PRACTICALS) Dr. Vipin Sukumaran/Dr.Vandana A /Dr.Sreejith R (Assoc. Prof. & HOD / Assoc. Prof./ Prof.& HOD)			C	SWASTHAM (NLT) Dr.Swathy (Asst. Prof.)	SWASTHAM (NLT) Dr.Dhanya (Prof. & HOD)
F R I D A Y	AGADAM (LT) Dr. Jishnu Narayanan (Asso. Prof. & HOD)	DRAVYAM (LT) Dr. Vipin Sukumaran (Asso. Prof. & HOD)	K	PRACTICALS- AGADA /SWASTHAM (NL-PRACTICALS) Dr. Jishnu Narayanan/Dr.Anila MK Dr.DhanyaCP/Dr.Swathy V (Assoc. Prof. & HOD/ Assoc. Prof Prof. & HOD/Asst. Prof.)			H	SAMHITA (NLH-T) Dr.Rajkumar (Assoc. Prof.)	SAMHITA (NLH-T) Dr.Keshavan (Asst. Prof.)
S A T U R D A Y	7-8 Am) Physical Education	AGADAM (NLT) Dr. Jishnu Narayanan (Asso. Prof. & HOD)		SWASTHAM (LT) Dr.Swathy (Asst. Prof.)	DRAVYAM (NLT) Dr.Divya (Asso. Prof.)	LIBRARY	AGADAM (NLH-T) Dr.Anila (Asso. Prof.)	NIDANAM/ SWASTHAM (LT) Dr.Rahul R Nair/ Dr.Dhanya (Prof. & HOD)	



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Time Table 2024 Batch

D A Y	8 - 9	9 - 10		10-15	11-12	12-1		2-3	3-4
M O N D A Y	Physical Education (Vignesh Gopan Yoga instructor)	AGADAM (NLH-T) Dr.Anila (Assoc. Prof.)	B	SWASTHAM (NLH-T) Dr.Swathy (Asst. Prof.)	SAMHITA (LH-T) Dr.Sreepriya (Prof. & HOD)	DRAVYAM (NLH-T) Dr.Divya (Assoc. Prof.)	L	SAMHITA (NLH-T) Dr.Rajkumar (Assoc. Prof.)	ROGA NIDANAM (LH-T) Dr.Vandana (Asso. Prof)
T U E S D A Y	RSBK(NLH-T) Dr. Sreelakshmi (Asso.Prof)	AGADAM (LH-T) Dr.Anila (Asso. Prof.)	R	SWASTHA (LH-T) Dr.Dhanya (Prof. & HOD)	RECREATION	NIDANAM (LH-T) Dr.Rahul R Nair (Prof. & HOD)	U	SWASTHAM (LH-T) Dr.Swathy (Asst. Prof.)	SWASTHA (NLH-T) Dr.Dhanya (Prof. & HO
W E D N E S D A Y	SWASTHAM (NLHT) Dr. Swathy (Asst. Prof)	DRAVYAM (LH-T) Dr.Divya (Asso. Prof.)	E	PRACTICALS- DGV/ RN/ RSBK NLH-P			N	SAMHITA (NLH-T) Dr.Rajkumar (Asso.Prof.)	DRAVYAM (LH-T) Dr. Vipin Sukumaran Asso Prof. HOD)
T H U R S D A Y	NIDANAM (NLT) Dr. Vandana (Asso.Prof)	SAMHITA (LH-T) Dr.Keshavan (Asst. Prof.)	A	PRACTICALS-DGV/ RN/ RSBK NLH-P			C	RSBK (LH-T) Dr.Sreejith (Prof. & HOD)	AGADAM (LH-T) Dr. Jishnu Narayanan (Asso. Prof HOD)
F R I D A Y	AGADAM (LHT) Dr. Anila (Asso. Prof)	RSBK (LH-T) Dr.Sreejith (Prof. & HOD)	K	PRACTICALS- AGADA /SWASTHAM NLH-P			H	NIDANAM (NLH-T) Dr.Vandana (Asso. Prof.)	NIDANAM (NLH-T) Dr.Rahul Nair (Prof. & H
S A T U R D A Y	DRAVYAM (NLHT) Dr. Vipin (Prof. & HOD)	DRAVYAM (NLH-T) Dr.Divya (Asso. Prof.)		RSBK(LH-T) Dr.Sreelakshmi U (Asso. Prof.)RSBK (NHL-T)		LIBRARY		AGADAM (LH-T) Dr. Jishnu Narayanan (Asso. Prof. & HOD)	RECREATI



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Time Table 2025 Batch

D A Y	8-9	9-10	10-11		11.15-12	12-1		2-3	3-4
M O N D A Y	Samhita Adhyayan (LH) Swadhyayam Dr. Kesavan (Asst. Prof)	Sanskrit (NLT) Dr. Syamala (Prof)	KriyaSareera (LH) Dr. Nikhila (Prof. & HOD)	B	Sanskrit (NLT) Dr. Syamala (Prof)	Padartha Vijnana Dr. Kesava (Asst. Prof)	L	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash	KriyaSareera- Rachana NLHP Dr. Jithesh /Varun Nikhila / Omprakash
T U E S D A Y	Samhita Adhyayan (LH) Swadhyayam Dr. Sreepriya (Prof. & HOD)	KriyaSareera (LH) Dr. Nikhila (Prof. & HOD)	Sanskrit (LH) Dr. Syamala (Prof)	R	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash	U	Rachana Sareera (NLT) Dr. Varun Asso.Prof	Integrated class (Dravyam Bhaishajyam Chikitsa) OR Mentor
W E D N E S D A Y	KriyaSareera (LH) Swadhyayam Dr. Omprakash (Prof. & HOD)	Padartha Vijnana (NLT) Dr. Sreepriya (Prof. & HOD)	Rachana Sareera (LH) Dr. Jithesh (Prof. & HOD)	E	Sanskrit (LH) Dr. Syamala (Prof)	KriyaSareera (LH) Dr. Omprakash (Prof. & HOD)	N	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash
T H U R S D A Y	Samhita Adhyayan (LH) Swadhyayam Dr. Rajkumar (Asso. Prof)	KriyaSareera (LH) Dr. Omprakash (Prof. & HOD)	Rachana Sareera (LH) Dr. Jithesh (Prof. & HOD)	A	PadarthaVijnana (LH) Dr. Kesavan (Asst. Prof)	Rachana Sareera (NLT) Dr. Varun Asso.Prof	C	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash	KriyaSareera- Rachana Sareera NLHP Dr. Jithesh /Varun Nikhila / Omprakash
F R I D A Y	Rachana Sareera (LH) Swadhyayam Dr. Jithesh (Prof. & HOD)	Samhita Adhyayan (LH) Swadhyayam Dr. Rajkumar (Asso. Prof)	KriyaSareera (NLT) Dr. Omprakash (Prof. & HOD)	K	Sanskrit (NLT) Dr. Syamala (Prof)	Padartha Vijnana (NLT) Dr. Rajkumar (Asso. Prof)	H	Samhita Adhyayan (LH) Dr. Sreepriya (Prof. & HOD)	Sanskrit (NLT) Dr. Syamala (Prof)
S A T U R D A Y	Kalari (Physical Education)	Samhita Adhyayan (NLT) Dr. Kesavan (Asst. Prof)	Samhita Adhyayan (NLT) Dr. Rajkumar (Asso. Prof)		Recreation	Rachana Sareera (NLT)- Dr. Varun (Asso.Prof)		Library	Library




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