

Dr.ASWIN T. DAS, BAMS, MS (Ay), PGDY

Associate Professor & Head – Department of Shalakyatantra (ENT & Ophthalmology)
Ashtamgam Ayurveda Chikitsalayam & Vidyapeedham, Palakkad, Kerala

TCMC Registration No.: 16510

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ACADEMIC PROFILE

- Associate Professor and Head, Department of Shalakyatantra (ENT & Ophthalmology)
- Teaching, clinical practice, academic administration, and research supervision
- Focus on evidence-based Ayurveda integrated with classical Shalakyatantra principles

EDUCATIONAL QUALIFICATIONS

- **MS (Ayurveda) – Shalakyatantra**, Amrita School of Ayurveda, Amrita Vishwa Vidyapeetham, 2019
First Class; University Second Rank
- **Bachelor of Ayurvedic Medicine and Surgery (BAMS)**, Nangelil Ayurveda Medical College, MG University, Kerala, 2015 (*First Class*)
- **Post Graduate Diploma in Yoga (PGDY)**, Annamalai University, Tamil Nadu, 2018 (*Distinction*)
- **Certificate Course in Sanskrit Language (CCSL)**, Central Sanskrit University, 2023
- **Diploma in Sanskrit Language (DSL)**, Central Sanskrit University, 2025

ACADEMIC & TEACHING EXPERIENCE

- Associate Professor & Head, Shalakyatantra – Ashtamgam Ayurveda Chikitsalayam & Vidyapeedham, Palakkad (2019–Present)
- Undergraduate teaching (Theory & Practical) – Shalakyatantra
- Curriculum planning, departmental coordination, and academic mentoring
- Participation in KUHS-mandated Faculty Development Programmes (CBDC)

CLINICAL EXPERIENCE & EXPERTISE

- Ayurvedic Ophthalmology and ENT clinical practice
- Diagnostic skills: Fundus camera, Perimetry, Indirect Ophthalmoscopy, Endoscopy
- Clinical exposure at Amrita Institute of Medical Sciences, Kochi (OPD & OT)

- Former Specialist Medical Officer – Svasthi Ayurveda Hospital & Wellness Centre, Kochi
 - Procedural expertise: Netra Kriyakalpa, Para-surgical Shalakya procedures, Panchakarma therapies, Agnikarma, Raktamokshana, Kshara applications, Marma interventions
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RESEARCH EXPERIENCE

- **Postgraduate Dissertation:** Pre- and post-test clinical study on Balataila Nasavarthi and Balataila Pana in symptomatic Deviated Nasal Septum (Nasanaham)
 - Publications in peer-reviewed national and international journals (ENT & Ophthalmology focus)
 - Hands-on training in advanced standardization techniques: TLC and HPTLC
 - Participation in national and international conferences, seminars, workshops, and CME programmes
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ACADEMIC LEADERSHIP & PROFESSIONAL ROLES

- Chairperson, many Postgraduate Scientific Presentations
 - Research Guide – **SPARK–2025 (CCRAS)**
 - Expert Practitioner – CCRAS Survey Project: *Survey and Documentation of Netra Kriyakalpa Practices among Registered Ayurveda Practitioners across India*
 - Guest lecturer and resource person in academic programmes and CME activities
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AWARDS & DISTINCTIONS

- Second Rank – MS (Ay) Shalakyatantra, Amrita Vishwa Vidyapeetham
 - Distinction – Post Graduate Diploma in Yoga, Annamalai University
 - First Prize – Documentary Competition, Dhanwanthari Jayanthi Celebrations
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PROFESSIONAL MEMBERSHIPS

- Ayurveda Medical Association of India (AMAI)
 - The Association of Shalaki (TAS), India
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LANGUAGES KNOWN

- Malayalam, English – Fluent
 - Tamil – Conversational
 - Hindi, Sanskrit – Basic
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PERSONAL & PROFESSIONAL INTERESTS

- Academic writing and research documentation
 - Clinical teaching and procedural skill development
 - Promotion of authentic and rational Ayurvedic practice
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