

## CURRICULUM VITAE

Dr. Vipin S., B.A.M.S., M.D.  
Associate Professor & Head of the Department  
Department of Dravyaguna Vijnanam  
Ashtangam Ayurveda Chikitsalayam and Vidyapeedam  
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Age : 44 years  
Date of Birth : 08<sup>th</sup> January 1981  
Nationality : Indian  
Languages known : Malayalam, English, Hindi, Tamil, Sanskrit  
Father's Name : Mr. Narayanan Sukumaran  
Mother's Name : Mrs. Chithra Sukumaran  
Marital status : Married (to Dr. Siji, B.A.M.S.)  
Additional qualification : M.A.(Yoga), (Bharathiar University, Coimbatore.)  
Permanent Address : Chitralayam,  
Peringara (PO)  
Tiruvalla,  
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,  
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### **Educational qualifications:**

| Qualification | Topic              | Institution                             | Board/ University                                                | Year of passing |
|---------------|--------------------|-----------------------------------------|------------------------------------------------------------------|-----------------|
| M.D.          | Dravyaguna Vijnana | K.V.G.Ayurveda Medical College, Sullia  | Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka | 2017            |
| M.A.          | Yoga               | -                                       | Bharathiar University, Coimbatore                                | 2013            |
| B.A.M.S.      | Ayurveda           | Ayurveda College Coimbatore             | The Tamilnadu Dr. M.G.R.Medical University, Chennai              | 2004            |
| P.D.C.        | Science            | Marthoma College Tiruvalla              | M.G. University, Kottayam                                        | 1998            |
| S.S.L.C.      | -                  | Devasvom Board High School, Kavumbhagom | Kerala State Board                                               | 1996            |

**Work Experiences:**

| <b>Designation</b>         | <b>Duration</b>                                            | <b>Place of work</b>                                                                            |
|----------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>Associate Professor</b> | <b>04.12.2022 – till date</b>                              | Ashtangam Ayurveda Chikitsalayam and Vidyapeedam<br>Vavannur, Pattambi, Palakkad, Kerala-679533 |
| Assistant Professor        | 04-12-2017 – 03.12.2022 (5 years)                          | Ashtangam Ayurveda Chikitsalayam and Vidyapeedam<br>Vavannur, Pattambi, Palakkad, Kerala-679533 |
| Medical Officer            | 5 years [2008-2013]<br>13 months (1-12-2016 to 02-12-2017) | Ayurveda College Coimbatore                                                                     |
| Physician                  | since 2005                                                 | S.R.V. Ayurveda Pharmacy, Kavumbhagom                                                           |

**Trainings undergone:**

Attended 15 days Training on ‘Manufacturing of Ayurvedic Medicines’ at The Arya Vaidya Pharmacy- Factory Unit -1 at Kanjikode, Palakkad, from 18.03.2005 – 02.04.2005.

**Ethno Medico Botanical Surveys:**

Aaranyakam - 2018 - Ayurvedic ethno medico botanical survey on Nagalassery Hills, Vavannoor, Palakkad.

Ayurvedic Ethno Medico Botanical Survey, Bollampatti Hills, Mavuthampatti village, Coimbatore with Ashirvad Health & Educational Trust, Navakkarai, Coimbatore, August 2019.

Ashtangam Aaranyakam 2020- organized International Conference (Webinar) on Ayurvedic Ethnomedical Practices- in collaboration with Dr. P.R. Krishnakumar Centre for Traditional Knowledge Systems from 29<sup>th</sup> to 31<sup>st</sup> December 2020.

Aaranyakam - A journey to observe and gather the knowledge of nature. Organized a 3-day National Seminar and field program from 2<sup>nd</sup> January 2023 to 4<sup>th</sup> January 2023.

Aaranyakam - 2023- organized a 3 day National Seminar and field visit from 14<sup>th</sup> November to 16<sup>th</sup> November 2023.

## **Area of Interests**

Ethno-medico Botanic Survey: Surveillance of flora associated with the least explored highlands

Manufacturing of Classical Ayurvedic Formulations: I belong to a traditional ayurvedic family with 3<sup>rd</sup> line of generation. I have been manufacturing several classical ayurvedic formulations.

Keraliya Panchakarma Chikitsa: Treating skin and abdominal ailments, rheumatic complaints. Experienced in conducting KeraliyaPanchakarma.

Yoga Instructor: Professionally trained Yoga Instructor.

**Research topic**: *A clinical evaluation of the effect of Pugaphalatwak ghrita on Vyanga.*

## **Collaborations:**

Dr. Ajayan Sadanandan, Professor, Ashtangam Ayurveda Vidyapeedam and chikitsalayam, Palakkad: Ethno Medico Botanical Surveys and Setting up Herbal Gardens, Identification of Rare and Endemic Ayurvedic plants

Dr. Girish Krishnan, Founder, DVM Ayurvedic Hospital, Mala, Thrishur: Novel Medicine preparations and their usage

Dr. Ganesh N., Professor & Principal, Madegowda Institute of Naturopathy & Yogic Sciences: Yoga practices

## **Declaration:**

I hereby declare that the above mentioned particulars are true to the best of my knowledge and belief.

Dr. Vipin S.

Place: Thiruvalla

Date: 08.07.2025