

## Dr Anusree S B

### Personal information:

**Name:**Dr. ANUSREES.B

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**Father:** R V Balasankaran

**Mother:** Sathidevi

**Spouse:** Sujith.P R.,

Higher Secondary teacher

**Children:** Atmika sujith, dharmika sujith

### Address

Cherlasseri HouseVattamkulam Post Malappuram (Dist)

Kerala – 679 578

### EducationalQualification

Qualification	University	Year
BAMS	UniversityofCalicut	2009
MD(Kayachikitsa)	RGUHS	2016

### TeachingExperience:

WorkingasAssociate

ProfessorInDept.ofKayachikitsa(AshtamgamAyurvedaVidyapeedham

**Private practice:** from 2009 onwards

### Other working experience:

- Worked as RMO at Sunrise hospital for 3years(2010 to 2013)
- at ashtamgam ayurveda chikitsalayam for 6months(2013)
- As CMO at ashtamgam ayurveda chikitsalayam

### OtherQualification

1. Certificateprogram  
inhealthyageingandgeriatriccarecounseling,palliationfromKUHS
2. Certificate course in Sanskrit from Central Sanskrit University

## **Publication:**

Review article on Mental Health in Female Infertility Treatment published in National Journal Ayurveda and All ISSN No.0973-9831, Vol.13 No.2.

## **Training Program**

Attended "Training to Teachers (TTT) Program" conducted by CCIM (2017)  
Attended BLS trainers Training course (2023)

## **National level achievements:**

1<sup>st</sup> prize in Quiz conducted by Vagbadasarani (Ashtamgahrudayam satram) (2014)

## **Presentation**

- Presented paper on Raktapitta Nidana in Nidana Sameeksha 2017 (conducted by ashtamgam ayurvedavidyapeedham)
- Served as Judge for Paper presentation in 15<sup>th</sup> Sashthamadhanam 2019, national seminar

## **CME**

1. Attended CME on cardiology-Ayurvedic perspective organized by Dept of kayachikitsa, Govt, ayurveda college, Kannur, 2017
2. Attended CME on Infertility organized by Dept of kayachikitsa, Govt, ayurveda college, Thrippunitha, 2018

## **Other academic accolades**

- Attended Vagbhada sameeksha conducted by Vaidyabhooshanam K.Raghavan Thirumulpad Foundation for ayurvedic studies
- Radiotalks-  
on topics allergic asthma, vardhakya arogya paripalanam, ayurveda dinam (2019), karkitakachikitsa (2023)
- Awareness classes for public on seasonal fevers, women's health, teenage health issues  
, diabetics, lifestyle disorders, AIDS day, Doctors day
- Attended Medical camp in various places
- In 2019 department of Kayachikitsa organized Chikitsameeksha (7 days National seminar).
- In 2021 department of Kayachikitsa organized Chikitsasidhi (National seminar).
- As SSGP nodal officer for ashtamgam unit (from 2022 onwards)