

Vd. Omprakash Narayan

Assistant Professor

Department Of Kriyashareera

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Registration No. 11728

PERSONAL DETAILS

Date of birth : 07/06/1987

Age : 33

Sex : Male

Marital status : Married to Vd. Sreelakshmi.U

Religion : Hindu

Nationality : Indian

Native Language : Malayalam

ACADEMIC QUALIFICATIONS

Name of the course	Year passed	Institution	Board/university
X th std	2003	G.H.S.S. KUNHIMANGALAM	S.S.L.C
Plus two	2005	G.H.S.S. KUNHIMANGALAM	Higher secondary board
BAMS	2010	A.L.N.R.M.A.M.C KOPPA	R.G.U.H.S BANGALORE

PG	2015	GOVT. AYURVEDA COLLEGE KANNUR	K.U.H.S Thrissur
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EXPERIENCE

- Skilled in basic modern emergency techniques while doing 2 months of internship at MSDM Govt. hospital, koppa under national health program training.
- Worked as a consultant physician in the agency of Dhanwantari vaidyasala, thodupuzha, during the year 2012
- **Working as Assistant Professor in the Dept. of Kriyashareera at Ashtamgam Ayurveda Chikitsalayam evam Vidyapeedham, Palakkad since 22.12.2015 (4 years and 7 months)**
- Completed **training to teachers (TTT) program** conducted by CCIM at Amrita School Of Ayurveda
- Completed Certificate Program on Advances in Basic sciences and Bioethics (CABSB) conducted for faculty members by KUHS.
- SPICMACAY Unit Convener at Ashtamgam Ayurveda Vidyapeedham

SKILLS

- Passionate Teaching and conducting Swadhyaya
- Strong verbal and personal communication skills
- Decision making, critical thinking, organizing and planning
- Presentation skills
- Poster designing
- Event management
- Skilled in photography
- Languages known-Malayalam, English, Hindi, Kannada, Sanskrit

ACHIEVEMENTS

Academic

- Thesis submitted titled **“Exploration of the relationship between metabolic markers and the functional aspects of Pitta and Rakta through the assessment of treatment response in psoriasis** on May 2015.
- Presented the topic **“An Ayurvedic view on Metabolic markers related to Autoimmune disorders”** at presentation competition seminar for the award of Aryavaidyan P. Madhava varier memorial gold medal conducted by Aryavaidya sala, Kottakkal.
- Attended various continuing medical education programs.
- Attended various medical camps and provided medicinal support for the patients in the rural areas of kannur and kaasargod districts.
- Resource person for Vagbhata Sameeksha 2018 and presented a paper on **Agni and Dhatu parinama** on 8 and 9 December
- Published an article on the same in Vaidyasamvadam quarterly journal.
- Presented a poster in International Ayush Conclave Kerala 2019
- Resource person for Vagbhata Sameeksha 2019 and presented a paper on **Dushyas in Vyadhighatakas**
- Resource person for Nasya Sameeksha 2019 and presented a paper on **Shareera of Nasya**
- Talks on introducing **Vivruiti Vyakhyana**, as a part of Vaidyabhooshanam K. Raghavan Thirumulpad centenary Celebrations 2019-20 at Ashtangam Ayurveda Vidyapeedham and PNNM Ayurveda College.

Workshops & Seminars attended

- 2nd Ashtanga Hrudaya satram at Chalakkudi
- Orientation programme on research methodology at VPSV Ayurveda College, Kottakkal
- GAF 2016, Kozhikkode
- National workshop on Marma chikitsa at NARIP, Cheruthuruthy, 2017
- Workshop on medical varmology by Thirumoolar Varmalogy Institute, Coimbatore in 2018

OTHER AREAS OF INTEREST

- Wild life photography, Bird watching, Trekking, Travelling, Reading, Movies and Classical Music, Football, Cricket, Volleyball and Badminton